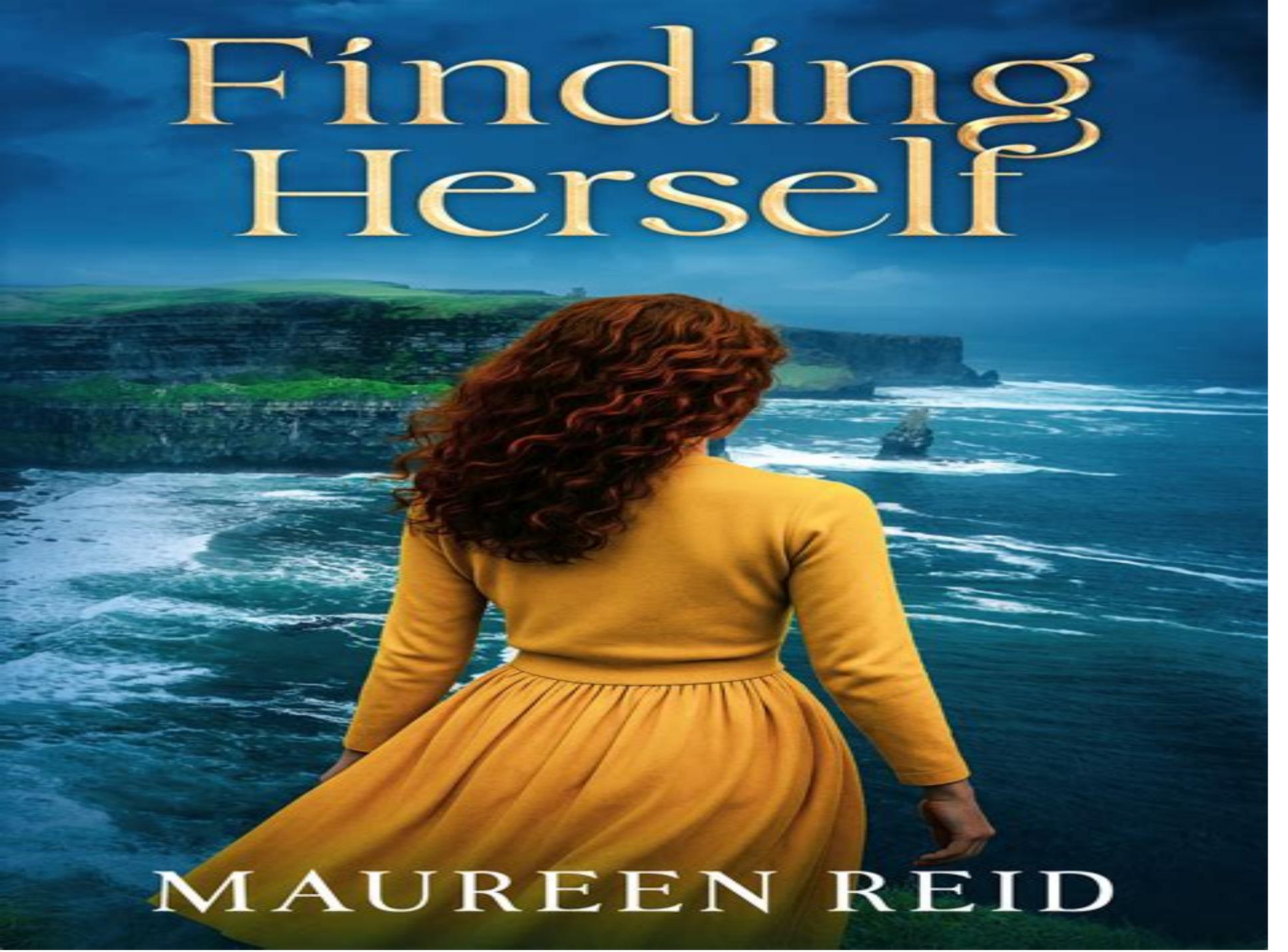


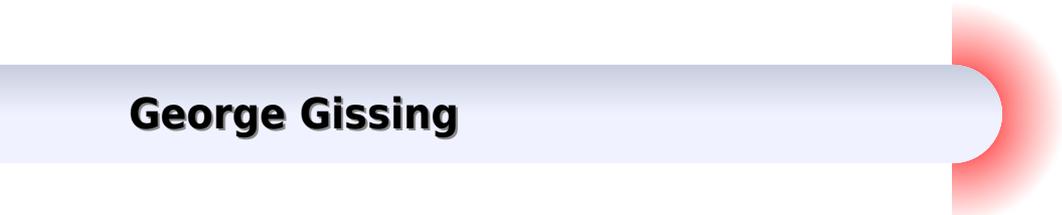
# Finding Herself



MAUREEN REID

# Finding Herself

**George Gissing**



## **Finding Herself:**

**Finding Herself There** Melissa L. Ross, 2017-07-14 Melissa L. Ross author of *Surviving Crazy A Roadmap to the Scars* continues to survive crazy in her second book *Finding Herself There* When Ross depression resurfaces she resorts to electroconvulsive therapy to reclaim her sanity With insight and humor she shares her experiences in hopes to help other sufferers of mental illness not to feel so alone *Finding Herself There* offers a narrated journey of enlightenment rather than a continuation of her previous memoir In this second book Ross discusses her winding road of mental illness the ECT treatments and self discovery Relaying her opinions thoughts feelings and beliefs Ross tells how her experiences continue to expand her philosophical views on life spirituality and religion In *Finding Herself There* Ross presents her philosophy We may feel like we are going around in circles in life often ending up where we started but we are never the same as when we began because each experience we have and each person we meet changes us in some way Our journeys in life are not linear but circular as a winding road to truly knowing ourselves as well as the world around us On our journeys to finding ourselves we also find each other

**Our Times: America finding herself** Mark Sullivan, 1927 [Kohut's Twinship Across Cultures](#) Koichi Togashi, Amanda Kottler, 2015-09-16 *Kohut's Twinship Across Cultures The Psychology of Being Human* chronicles a 10 year voyage in which the authors struggled initially independently to make sense of Kohut's intentions when he radically re defined the twinship experience to one of being human among other human beings Commencing with an exploration of Kohut's work on twinship and an illustration of the value of what he left for elaboration Togashi and Kottler proceed to introduce a new and very different sensitivity to understanding particular psychoanalytic relational processes and ideas about human existential anguish trauma and the meaning of life Together they tackle the twinship concept which has often been misunderstood and about which little has been written Uniquely the book expands and elaborates upon Kohut's final definition being human among other human beings It problematizes this apparently simple concept with a wide range of clinical material demonstrating the complexity of the statement and the intricacies involved in recognizing and working with traumatized patients who have never experienced this feeling It asks how a sense of being human as opposed to being described as human can be generated and how this might help clinicians to better understand and work with trauma Written for psychoanalysts and psychoanalytic psychotherapists interested in self psychological intersubjective and relational theories *Twinship Across Cultures* will also be invaluable to clinicians working in the broader areas of psychoanalysis psychotherapy social work psychiatry and education It will enrich their sensitivity and capacity to understand and treat traumatized patients and the alienation they feel among other human beings

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