

# Schizophrenia Symptoms

## Positive

(things that are present but shouldn't be)

- Hallucinations
- Delusions

## Negative

(things that should be present but are not)

- Difficulty expressing emotions and planning
- Lack of motivation
- Isolating
- Disinterest in day-to-day life

## Cognitive

- Difficulty with attention and applying information to make decisions

# How To Become A Schizophrenic

**David Kirk**



## **How To Become A Schizophrenic:**

How to Become a Schizophrenic John Modrow, 2003 demonstrates the physical psychological and social harm resulting from the label schizophrenic and the continuous need to reexamine the underpinnings and attitudes of psychiatry Booklist Of all the books written about schizophrenia none is more comprehensive accurate thorough and clearer in style and statement than John Modrow s classic How to Become a Schizophrenic Modrow who is a recovered schizophrenic and is perhaps the unrecognized and unappreciated world s foremost authority on this disorder has performed a truly invaluable service and has made the major contribution to our understanding of the causes and cures of this pseudodisease Robert A Baker Ph D former chairman of the Department of Psychology University of Kentucky author of They Call It Hypnosis Hidden Memories Voices and Visions from Within and Mind Games Are We Obsessed with Therapy One of the best things I ve read on the subject I am struck by the richness of the ideas and the research and the soundness of the conclusions Peter Breggin M D founder and director of the International Center for the Study of Psychiatry and Psychology author of Toxic Psychiatry and Talking Back to Prozac a very important contribution to the field Theodore Lidz M D former chairman of the Department of Psychiatry Yale University author of The Origin and Treatment of Schizophrenic Disorders and Schizophrenia and the Family well researched and easily readable a difficult combination to achieve Judi Chamberlin author of On Our Own Patient Controlled Alternatives to the Mental Health System meticulously challenges all the major research that claims that schizophrenia is a biological disorder Ty C Colbert Ph D author of Broken Brains or Wounded Hearts What Causes Mental Illness Before reading the book I was largely convinced that schizophrenia was primarily a brain disease Modrow has forced me to take a second look however and reconsider the psychological causes of the condition The Vancouver Sun it is ennobling that despite bad and discouraging treatment he was able to understand himself and others and share that acquired knowledge in an accurate and helpful way Bertram P Karon PhD professor of clinical psychology Michigan State University author of Psychotherapy of Schizophrenia gives clear proof that there s real hope Truly a remarkable book Alan Caruba Bookviews

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