

# SMART Goal Setting

**S**

**SPECIFIC**

Avoid ambiguity to focus efforts.

**M**

**MEASURABLE**

Establish criteria for tracking progress.

**A**

**ACHIEVABLE**

Must be realistic and attainable.

**R**

**RELEVANT**

Aligns with broader business objectives.

**T**

**TIME-BOUND**

A deadline that creates a sense of urgency.



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# Goal Setting

**Minjie Lin**



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