

## Module 1 Introduction to OSHA: Study Guide

### Module Learning Objectives

1. Recognize types of workplace hazards.
2. List your rights and responsibilities.
3. Identify your employer's responsibilities.
4. File a health and safety complaint.
5. Outline the steps OSHA takes to address complaints.

### Module Summary

#### Learning Objective 1. Recognize types of workplace hazards.

Congress created OSHA in 1970 with the Occupational Safety and Health Act ("OSH Act") to make workplaces safer. A key component is identifying and addressing workplace hazards as early as possible to help prevent injuries and illnesses.

Common types of hazards include:

- Unstable walls
- Safety hazards: Unsafe conditions that can cause burns, cuts, amputations, broken bones, electric shock, or death.
- Chemical hazards: Harmful chemicals, including gases, liquids, or dust, that can get into the body through the nose, mouth, or skin.
- Biological hazards: Living things, including plants, animals, or germs, that can cause diseases, allergic reactions, bites, or poisoning.
- Physical hazards: Environmental conditions that can cause sunburn, dehydration, frostbite, or hearing loss.
- Ergonomic hazards: Working conditions that can cause back, shoulder, or neck pain, discomfort, strains, and other injuries.
- Work organization hazards: Workplace issues that can cause stress.

The hierarchy of controls outlines the best way to protect workers from hazards by:

- Eliminating them from the site.
- Substituting them for something else.
- Reducing workers' exposure with engineering safeguards (also called engineering controls).
- Instituting safety policies (also called administrative controls).
- Providing personal protective equipment (PPE) to protect against the effects of the hazard.

# Osha Safety Study Guide

**Quentin Docter, Jon Buhagiar**



## **Osha Safety Study Guide:**

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## **Table of Contents Osha Safety Study Guide**

1. Understanding the eBook Osha Safety Study Guide
  - The Rise of Digital Reading Osha Safety Study Guide
  - Advantages of eBooks Over Traditional Books
2. Identifying Osha Safety Study Guide
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Osha Safety Study Guide
  - User-Friendly Interface
4. Exploring eBook Recommendations from Osha Safety Study Guide
  - Personalized Recommendations
  - Osha Safety Study Guide User Reviews and Ratings

- Osha Safety Study Guide and Bestseller Lists
- 5. Accessing Osha Safety Study Guide Free and Paid eBooks
  - Osha Safety Study Guide Public Domain eBooks
  - Osha Safety Study Guide eBook Subscription Services
  - Osha Safety Study Guide Budget-Friendly Options
- 6. Navigating Osha Safety Study Guide eBook Formats
  - ePub, PDF, MOBI, and More
  - Osha Safety Study Guide Compatibility with Devices
  - Osha Safety Study Guide Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Osha Safety Study Guide
  - Highlighting and Note-Taking Osha Safety Study Guide
  - Interactive Elements Osha Safety Study Guide
- 8. Staying Engaged with Osha Safety Study Guide
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - Following Authors and Publishers Osha Safety Study Guide
- 9. Balancing eBooks and Physical Books Osha Safety Study Guide
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Osha Safety Study Guide
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Osha Safety Study Guide
  - Setting Reading Goals Osha Safety Study Guide
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Osha Safety Study Guide
  - Fact-Checking eBook Content of Osha Safety Study Guide
  - Distinguishing Credible Sources

13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

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