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AGARWAL**

# **HYS STERICAL**

'Brave, unapologetic  
and, at times, rightly  
furious . . . all emotions  
for which women have  
been labelled hysterical'  
**LAURA BATES**

**EXPLODING  
THE MYTH  
OF GENDERED  
EMOTIONS**

# Handbook To Happiness Exploding The Depression Myth

**SJ Ball**



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