

SCIENCE ARTICLE REVIEW SHEET
Pembroke Pines Charter High School
MISS CARRASCO

NAME _____ DATE _____ CLASS _____

ARTICLE TITLE "THE DEAD SEA" page 28, 29, 30

MAIN IDEA 1

FACT 1 _____

FACT 2 _____

MAIN IDEA 2

FACT 1 _____

FACT 2 _____

MAIN IDEA 3

FACT 1 _____

FACT 2 _____

EXPLAIN THE RELATIONSHIP THAT EXISTS BETWEEN YOU AND THIS ARTICLE.

SUMMARIZE YOUR UNDERSTANDING OF THIS ARTICLE.

WHAT HAVE YOU LEARNED FROM READING THIS ARTICLE?

IN CONCLUSION

Answer questions 1 through 5 on the next page. (book page 30)

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Web Aug 25 2021 Pilates ist eine mit vielen anderen kombinierbare Sportart zur Stärkung des Rumpfes und der allgemeinen Körperkoordination für Schwangere gibt es eine modifizierte Form von Pilates nach der Schwangerschaft kann Pilates für die Rückbildungsgymnastik genutzt werden Bälle bieten Hilfestellung zu den Übungen

Pilates in der Schwangerschaft hfa health fitness academy - Jul 20 2022

Web speziell um Pilates Kurse für werdende Mütter anzubieten spezifische Abwandlungen zahlreicher Pilatesübungen für Schwangere Hintergrundwissen zu Schwangerschaft Geburt und Schwangerschaftsbeschwerden besonderer Stundenflow sanfteres Training passende Atmosphäre