

Adults & adolescents 12+ years

Personalized asthma management:

Assess, Adjust, Review response

Symptoms
Exacerbations
Side-effects
Lung function
Patient satisfaction



Confirmation of diagnosis if necessary
Symptom control & modifiable risk factors (including lung function)
Comorbidities
Inhaler technique & adherence
Patient preferences and goals

Treatment of modifiable risk factors and comorbidities
Non-pharmacological strategies
Asthma medications (adjust down or up)
Education & skills training

ICS-formoterol is the preferred reliever for patients prescribed maintenance and reliever therapy. For other ICS-LABAs, the reliever is SABA

Asthma medication options:

Adjust treatment up and down for individual patient needs

		STEP 2	STEP 3	STEP 4	STEP 5
PREFERRED CONTROLLER to prevent exacerbations and control symptoms	STEP 1 As-needed low dose ICS-formoterol*	Daily low dose inhaled corticosteroid (ICS), or as-needed low dose ICS-formoterol*	Low dose ICS-LABA	Medium dose ICS-LABA	High dose ICS-LABA Refer for phenotypic assessment & add-on therapy e.g. tiotropium, anti-IgE, anti-IL5/6, anti-LDLR
Other controller options	Low dose ICS taken whenever SABA is taken †	Daily leukotriene receptor antagonist (LTRA) or low dose ICS taken whenever LABA taken †	Medium dose ICS, or low dose ICS+LTRA*	High dose ICS, add-on tiotropium, or add-on LTRA †	Add low dose ICS, but consider side-effects
PREFERRED RELIEVER	As-needed low dose ICS-formoterol*		As-needed low dose ICS-formoterol for patients prescribed maintenance and reliever therapy‡		
Other reliever option	As-needed short-acting β_2 -agonist (SABA)				

* Data only with budesonide-formoterol (bud-form)
† Separate or combination ICS and SABA inhalers

‡ Low-dose ICS-form is the reliever only for patients prescribed bud-form or BDP-form maintenance and reliever therapy
§ Consider adding NCM SLIT for sensitized patients with allergic rhinitis and FEV1 >70% predicted

Bronchial Asthma GINA Guidelines 24

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Bronchial Asthma Gina Guidelines 24:

Whispering the Secrets of Language: An Emotional Quest through **Bronchial Asthma Gina Guidelines 24**

In a digitally-driven world wherever screens reign great and instant transmission drowns out the subtleties of language, the profound secrets and emotional subtleties hidden within phrases often get unheard. However, set within the pages of **Bronchial Asthma Gina Guidelines 24** a charming fictional value pulsing with raw emotions, lies an exceptional journey waiting to be undertaken. Written by a talented wordsmith, this enchanting opus invites visitors on an introspective trip, gently unraveling the veiled truths and profound affect resonating within the fabric of every word. Within the emotional depths of the touching evaluation, we can embark upon a sincere exploration of the book's core subjects, dissect their charming writing type, and fail to the powerful resonance it evokes deep within the recesses of readers' hearts.

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