

ECOLOGICAL STABILITY AND SUSTAINABILITY

- Living systems maintain some degree of stability through constant change in response to environmental conditions through:
 - **Inertia** (persistence): the ability of a living system to resist being disturbed or altered.
 - **Constancy**: the ability of a living system to keep its numbers within the limits imposed by available resources.
 - **Resilience**: the ability of a living system to bounce back and repair damage after (a not too drastic) disturbance.

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