

# SOLUTION FOCUSED INTERVIEWING SKILLS

Common Interviewing skills

### SOLUTION-FOCUSED INTERVIEWING SKILLS

- PRACTITIONER'S NON-VERBAL BEHAVIOR** - tone, rate of speech, eye contact, physical proximity, facial expressions, etc.
- ECHOING OR ASKING FOR CLARIFICATION** - "a mess, huh. Can you tell me more about what you mean by a 'mess'?"
- OPEN-ENDED QUESTIONS** - "Can you tell me about your relationship with your parents as, 'Do you like your parents?'" (forced choice regarding yes or no response). "Tell me about your growing up years. Tell me about your parenting experience. What were the best times? What were the most difficult? How did you cope? Who were your supports and how did they help you?" tone: identify and reflect to clients any strengths or positive qualities clients may reveal in their responses to the open-ended questions.
- SUMMARIZING** - Periodically state back to the client his/her thoughts, actions, and feelings.
- TOLERATING/USING SILENCE** - Allow 10, 15, 20 seconds or so to allow clients to come up with their own responses. Avoid temptation to fill in silence with advice.
- NOTICING CLIENTS' NON-VERBAL BEHAVIOR** - Culture and total context important to meaning of non-verbal communication. Practitioner can choose to focus or not depending on whether the non-verbal behavior is relevant.

Examples

# Focused Interviewing

**Jianjun Gao**



## **Focused Interviewing:**

## The Enigmatic Realm of **Focused Interviewing**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing short of extraordinary. Within the captivating pages of **Focused Interviewing** a literary masterpiece penned with a renowned author, readers attempt a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting effect on the hearts and minds of those that partake in its reading experience.

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