

Headache & Migrain Management Program

3 Days 2 Night

1 guest / THB 9,500
 (Regular price THB 12,050)

2 guests / THB 15,500
 (Regular price THB 18,900)

Treatments & Activities		Duration
1. Wellnes Standard Room or Wellness Farm Stay	3 Days 2 Nights	
2. Plant-Based Meals	6 meals	
3. Herbal Afternoon Tea	2 pots	
4. Alternative Medicine Consultation	2 times	30 minutes
5. Shirodara	1 time	60 minutes
6. Herbal Steam	1 time	30 minutes
7. Mind-Body Balance	1 time	60 minutes
8. Herbal Eye Mask	1 time	30 minutes
9. Pindasweda <i>vla</i> Elakizhi	1 time	30 minutes
10. Herbal Foot and Hand Soak	1 time	30 minutes
11. Thai traditional and Hot herbal compress	1 time	60 minutes



Stay Healthy as Long as You Live



By **MEGA** We care

Prevent & Reverse

Headache A Multimodel Program For Relief

Arturo Cuomo



Headache A Multimodel Program For Relief:

The Enigmatic Realm of **Headache A Multimodel Program For Relief**: Unleashing the Language is Inner Magic

In a fast-paced digital era where connections and knowledge intertwine, the enigmatic realm of language reveals its inherent magic. Its capacity to stir emotions, ignite contemplation, and catalyze profound transformations is nothing short of extraordinary. Within the captivating pages of **Headache A Multimodel Program For Relief** a literary masterpiece penned with a renowned author, readers set about a transformative journey, unlocking the secrets and untapped potential embedded within each word. In this evaluation, we shall explore the book's core themes, assess its distinct writing style, and delve into its lasting affect the hearts and minds of those that partake in its reading experience.

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